



60 Juice Cleanse Juicing Recipes Body Cleanse Recipes (Best Cleansing Diet Smoothie Recipes) + Smoothies Are Like You: Smoothie Food Poetry for the Smoothie Lifestyle - Poem a Day Book (Poem for Mom)

By Juliana Baldec

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.This is a 5 In 1 box set compilation of 5 books. This compilation includes Juliana Baldec s 5 titles: Book 1: Juicing Recipes For Vitality Health Book 2: Juicing To Lose Weight Book 3: Blender Recipes For Weight Loss Book 4: Clean Eating Book 5: Smoothies Are Just Like You! Juliana Baldec is one of America s most passionate advocates of turning common and sick making food choice into a healthy balanced lifestyle that includes 5 minute quick and effortless to make, tasty, healthy, vitality and energy boosting smoothies and juices. Not only can these healthy blender recipes drinks boost your health, wellness and happiness, but they can also provide you with many other benefits like beautifying your body and skin from the inside out, anti-aging, natural ability to heal itself, energizing and regulating your hormones, helping neutralize free radicals in our body and brain, satisfying your daily supply of the cancer fighting mineral selenium, treating fungal bacteria in the body like candida, boosting your energy level to fight against fatigue and illnesses, loosing weight and keep...

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