



Candling for Optimal Health: Common and Lesser Known Benefits

By Jili Hamilton

Findhorn Press Ltd. Paperback. Book Condition: new. BRAND NEW, Candling for Optimal Health: Common and Lesser Known Benefits, Jili Hamilton, Candling for Optimal Health guides the reader in the use of ear candles or cones and is a comprehensive account of the candles uses and their beneficial effects. Suitable for both the lay-person and complementary therapists, the book gives case histories of people who have found relief from hearing loss, sinusitis, tinnitus, headaches, ear ache, stress and other health problems using ear candling. A comprehensive workbook offering the reader all the information they need to use ear candles on their family and friends or patients.



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