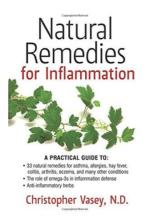
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Inner Traditions Bear and Company. Paperback. Book Condition: new. BRAND NEW, Natural Remedies for Inflammation, Christopher Vasey, From aspirin and ibuprofen to antihistamines and cortisone, anti-inflammatory drugs are now the top-selling pharmaceuticals in the world. But daily use of these powerful drugs comes with a price: side effects, many of which can lead to other chronic conditions and the further use of medications. In this practical guide to natural remedies for inflammation, naturopath Christopher Vasey explores 38 anti-inflammatory herbs, such...

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- Authored by Christopher Vasey
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