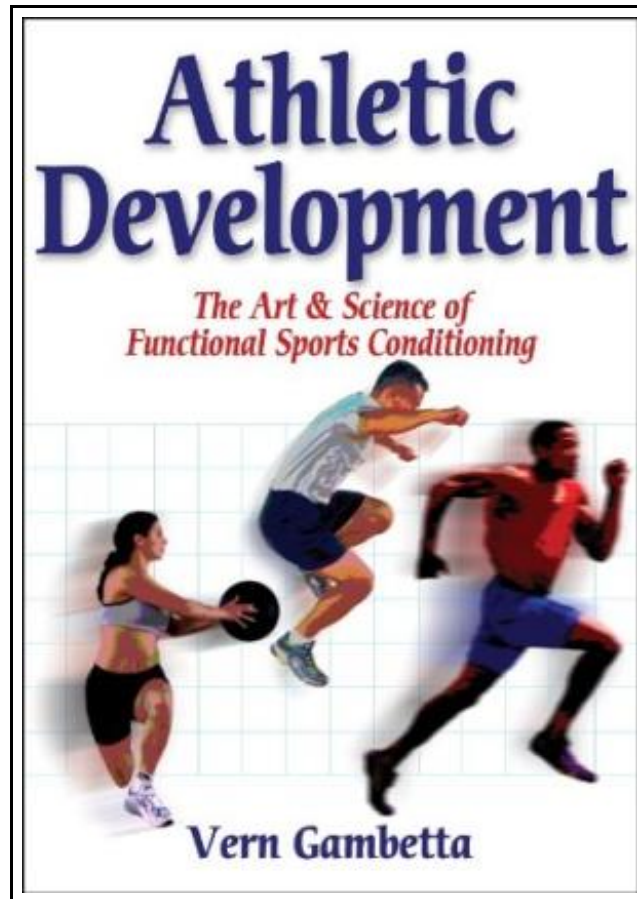


Athletic Development: The Art Science of Functional Sports Conditioning



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ATHLETIC DEVELOPMENT: THE ART SCIENCE OF FUNCTIONAL SPORTS CONDITIONING

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